

# GKrør-stevnet tirsdag 9. mai:

**Sted: Stampesletta Lillehammer**

**Tid: Kl. 18.00**

**Arrangør: Lillehammer Idrettsforening**

## Resultater:

### 60m G7: (+0,1)

<b>Håkon Lillemo-Thorud</b>	<b>Lillehammer IF</b>	<b>12,96</b>
<b>Sverre Egeland Forr</b>	<b>Lillehammer IF</b>	<b>13,14</b>

### 60m G9: (+0,1)

<b>Fredrik Lien Forr</b>	<b>Lillehammer IF</b>	<b>10,73</b>
<b>Mikkel Brenden Bjørke</b>	<b>Lillehammer IF</b>	<b>11,77</b>
<b>Alder Egeland Forr</b>	<b>Lillehammer IF</b>	<b>11,80</b>

### 60m J9: (-0,2)

<b>Marie Teigen-Dugstad</b>	<b>Søre Ål Idrettslag</b>	<b>13,99</b>
<b>Hillevi Nordqvist</b>	<b>Lillehammer IF</b>	<b>14,36</b>
<b>Maia Aminda Vold</b>	<b>Lillehammer IF</b>	<b>13,10</b>
<b>Thea Brenden Bjørke</b>	<b>Lillehammer IF</b>	<b>14,84</b>

### 60m G11: (-0,3)

<b>1 Eilev Brandsar</b>	<b>Lillehammer IF</b>	<b>9,46</b>
<b>2 Johan Melbø</b>	<b>Lillehammer IF</b>	<b>10,10</b>
<b>3 Ola Flasnes</b>	<b>Lillehammer IF</b>	<b>10,25</b>
<b>4 Mons Jakob Totland</b>	<b>Gjøvik FIK</b>	<b>11,83</b>

### 60m G12: (-0,3)

<b>1 Lars Midtenget</b>	<b>Gausdal FIK</b>	<b>9,49</b>
<b>2 Oliver Sinnes</b>	<b>Lillehammer IF</b>	<b>9,80</b>
<b>3 Eli Sean Lysbakken</b>	<b>Lillehammer IF</b>	<b>10,21</b>

### 60m J11: (+0,0)

<b>1 Oda Sandbakken</b>	<b>Lillehammer IF</b>	<b>10,47</b>
<b>2 Kristine Solberg</b>	<b>Gjøvik FIK</b>	<b>10,51</b>
<b>3 Ane Marthe Mæhlum</b>	<b>Gjøvik FIK</b>	<b>11,26</b>

### 60m J14: (+0,0)

<b>1 Ida Saxegaard</b>	<b>Moelven IL</b>	<b>8,67</b>
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### 100m J15: (+0,2)

<b>1 Ariëlle Tuva Brock</b>	<b>Lillehammer IF</b>	<b>13,91</b>
<b>2 Mathilde Aurstad Berland</b>	<b>Lillehammer IF</b>	<b>14,30</b>

**100m J17: (+0,2)**

<b>1</b>	<b>Elise Haug Karlsen</b>	<b>Lillehammer IF</b>	<b>13,39</b>
<b>2</b>	<b>Selma Holm-Lombnæs</b>	<b>Lillehammer IF</b>	<b>13,61</b>
<b>3</b>	<b>Mari Stiansen</b>	<b>Lillehammer IF</b>	<b>13,92</b>
<b>4</b>	<b>June Hauan</b>	<b>Lillehammer IF</b>	<b>14,49</b>

**100m KS: (+0,2)**

<b>1</b>	<b>Malin Furuhaug</b>	<b>Lillehammer IF</b>	<b>12,67</b>
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**100m G16: (+0,3)**

<b>1</b>	<b>Henrik Melbø-Hammershaug</b>	<b>Lillehammer IF</b>	<b>11,85</b>
<b>2</b>	<b>Vegard Kyseth</b>	<b>Gausdal FIK</b>	<b>12,17</b>

**100m MS: (+0,3)**

<b>1</b>	<b>Aleksander Lovik Nyheim</b>	<b>Moelven IL</b>	<b>11,24</b>
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**300m G17**

<b>1</b>	<b>Sjur Grung Thallaug</b>	<b>Gausdal FIK</b>	<b>37,89</b>
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**800m J15**

<b>1</b>	<b>Emilie Flugsrud</b>	<b>Lillehammer IF</b>	<b>2,45,75</b>
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**800m J16**

<b>1</b>	<b>Anne Helene Brendstuen Grønberg</b>	<b>Lillehammer IF</b>	<b>2,37,84</b>
<b>2</b>	<b>Norun Tholvsen</b>	<b>Lillehammer IF</b>	<b>2,41,54</b>

**800m G15**

<b>1</b>	<b>Anders Granum Haug</b>	<b>Gausdal FIK</b>	<b>2,08,31</b>
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**800m MS**

<b>1</b>	<b>Sverre Grønvold</b>	<b>FIK Ren-Eng</b>	<b>2,00,11</b>
<b>2</b>	<b>Tefay Brhane</b>	<b>Moelven IL</b>	<b>2,12,20</b>

**150m J17: (-1,1)**

<b>1</b>	<b>Elise Haug Karlsen</b>	<b>Lillehammer IF</b>	<b>20,54</b>
<b>2</b>	<b>Selma Holm-Lombnæs</b>	<b>Lillehammer IF</b>	<b>20,80</b>
<b>3</b>	<b>Mari Stiansen</b>	<b>Lillehammer IF</b>	<b>21,34</b>
<b>4</b>	<b>June Hauan</b>	<b>Lillehammer IF</b>	<b>22,60</b>

**150m KS: (-1,1)**

<b>1</b>	<b>Malin Furuhaug</b>	<b>Lillehammer IF</b>	<b>19,50</b>
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**150m G16: (-1,5)**

<b>1</b>	<b>Vegard Kyseth</b>	<b>Gausdal FIK</b>	<b>18,12</b>
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**150m G17: (-1,5)**

<b>1</b>	<b>Sjur Grung Thallaug</b>	<b>Gausdal FIK</b>	<b>18,35</b>
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**600m G11**

<b>1</b>	<b>Johan Melbø</b>	<b>Lillehammer IF</b>	<b>1,53,16</b>
<b>2</b>	<b>Eilev Brandsar</b>	<b>Lillehammer IF</b>	<b>2,04,21</b>
<b>3</b>	<b>Bernt Kongssund</b>	<b>Moelven IL</b>	<b>2,27,06</b>

**600m G12**

<b>1</b>	<b>Håkon Granum Haug</b>	<b>Gausdal FIK</b>	<b>1,58,79</b>
<b>2</b>	<b>Lars Midtengen</b>	<b>Gausdal FIK</b>	<b>2,04,21</b>

**600m G13**

<b>1</b>	<b>Trygve Lagethon</b>	<b>Øyer/Tretten IL</b>	<b>1,42,22</b>
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**3000m MS**

<b>1</b>	<b>Martin Grønvold</b>	<b>FIK Ren-Eng</b>	<b>9,39,37</b>
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**3000m J16**

<b>1</b>	<b>Andrea Brekke</b>	<b>Hamar IL</b>	<b>10,25,77</b>
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**3000m J17**

<b>1</b>	<b>Matilde Tørudbakken Slettan</b>	<b>Hamar IL</b>	<b>15,14,70</b>
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**3000m KS**

<b>1</b>	<b>Liv Tone Heramb</b>	<b>Risberget IL</b>	<b>11,35,17</b>
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**Lengde G9**

<b>Mikkel Brenden Bjørke</b>	<b>Lillehammer IF</b>	<b>2,49</b>
<b>2,33 (-0,3) X 2,49 (+0,0) 2,47 (+0,0)</b>		
<b>Fredrik Lien Sponberg</b>	<b>Lillehammer IF</b>	<b>2,86</b>
<b>2,42 (-1,3) 2,88 (-0,1) 2,55 (+0,0) 2,83 (+0,0)</b>		

**Lengde G11**

<b>1</b>	<b>Eilev Brandsar</b>	<b>Lillehammer IF</b>	<b>3,54</b>
<b>3,41 (-0,2) 3,54 (-0,1) 3,38 (+0,0) 3,20 (+0,0)</b>			
<b>2</b>	<b>Johan Melbø</b>	<b>Lillehammer IF</b>	<b>3,22</b>
<b>3,13 (-0,2) 3,10 (+0,0) 3,22 (-0,4) 3,13 (+0,0)</b>			
<b>3</b>	<b>Ola Flasnes</b>	<b>Lillehammer IF</b>	<b>3,22</b>
<b>2,75 (-0,2) 3,22 (+0,0) 2,61 (+0,0) 2,88 (+0,0)</b>			
<b>4</b>	<b>Mons Jakob Totland</b>	<b>Gjøvik FIK</b>	<b>2,34</b>
<b>2,34 (-0,7) 2,12 (-0,2) X 2,14 (+0,0)</b>			

**Lengde G12**

<b>1</b>	<b>Eli Sean Lysbakken</b>	<b>Lillehammer IF</b>	<b>3,55</b>
<b>3,36 (+0,0) 3,35 (-0,3) 3,33 (+0,0) 3,55 (+0,0)</b>			
<b>2</b>	<b>Oliver Sinnes</b>	<b>Lillehammer IF</b>	<b>3,35</b>
<b>3,35 (-0,5) 3,04 (+0,0) 3,32 (+0,0) 3,34 (+0,0)</b>			

**Lengde G16**

<b>1</b>	<b>Henrik Melbø-Hammershaug</b>	<b>Lillehammer IF</b>	<b>5,60</b>
<b>5,41 (+0,0) X X 5,34 (+0,0) 5,60 (+0,0) -</b>			

**Lengde J9**

<b>Maja Aminda Vold</b>	<b>Lillehammer IF</b>	<b>2,50</b>
<b>2,44 (+0,0) 2,50 (+0,0) 2,37 (+0,0) 2,44 (+0,0)</b>		
<b>Thea Brenden Bjørke</b>	<b>Lillehammer IF</b>	<b>2,39</b>
<b>2,38 (-0,1) 2,02 (+0,0) 2,28 (+0,0) 2,39 (+0,0)</b>		
<b>Marie Teigen-Dugstad</b>	<b>Søre Ål IL</b>	<b>2,68</b>
<b>2,68 (+0,2) 2,59 (+0,0) 2,64 (+0,0) X</b>		

**Hillevi Nordqvist** **Lillehammer IF** **1,90**  
1,58 (+0,0) 1,90 (0,0) 1,75 (+0,0) 1,89 (+0,1)

**Lengde J11**

**1 Kristine Solberg** **Gjøvik FIK** **2,87**  
X 2,87 (+0,0) 2,83 (+0,0) 2,85 (+0,0)

**2 Oda Sandbakken** **Lillehammer IF** **2,72**  
2,56 (+0,1) 2,70 (+0,0) 2,44 (+0,0) 2,72 (+0,0)

**3 Ane Marthe Mæhlum** **Gjøvik FIK** **2,59**  
2,59 (+0,0) 2,48 (+0,0) 2,51 (+0,2) 2,36 (+0,0)

**Kule G7 2 kg**

**Sverre Egeland Forr** **Lillehammer IF** **3,50**  
2,93 3,50 3,39 3,50

**Kule G9 2 kg**

**Fredrik Lien Sponberg** **Lillehammer IF** **5,44**  
4,50 5,06 5,43 5,44

**Alfred Egeland Forr** **Lillehammer IF** **5,10**  
4,80 5,10 4,96 4,96

**Mikkel Brenden Bjørke** **Lillehammer IF** **3,86**  
3,63 2,40 3,86 3,43

**Kule G11 2 kg**

**1 Mons Jakob Totland** **Gjøvik FIK** **3,78**  
3,09 3,78 3,36 3,32

**Kule G12 3 kg**

**1 Eli Sean Lysbakken** **Lillehammer IF** **5,84**  
5,76 5,56 X 5,84

**Kule G14 4 kg**

**1 Ola Wilhelm Vold** **Lillehammer IF** **7,90**  
7,57 7,66 7,90 7,46

**2 Amund Flasnes** **Lillehammer IF** **7,65**  
6,83 7,65 6,90 7,53

**Kule KS 4 kg**

**1 Ina Kyseth** **Gausdal FIK** **6,83**  
6,17 6,83 6,54 6,56

**Kule J9 2 kg**

**Thea Brenden Bjørke** **Lillehammer IF** **3,87**  
3,33 3,87 3,26 3,58

**Marie Teigen-Dugstad** **Søre Ål IL** **3,12**  
3,12 2,86 2,82 2,79

**Maja Aminda Vold** **Lillehammer IF** **3,92**  
3,76 3,64 3,03 3,92

**Hillevi Nordqvist** **Lillehammer IF** **3,87**  
3,02 3,37 3,70 3,87

**Kule J11 2 kg**

**1 Kristine Solberg** **Gjøvik FIK** **4,60**

**2**      **4,16 4,42 4,29 4,60**  
**Ane Marthe Mæhlum**  
**3,89 3,62 4,43 4,36**

**Gjøvik FIK**

**4,43**