

Tidsskjema for lørdag 24. juni 2023:

Kl.:	60m	Korthekk	Hekkeh.	Høyde 1	Høyde 2	Lengde 1	Lengde 2	Kule	Spyd	Diskos
11:00	G10			J15-16	J12	J17		J18-KS	G18-MS	G15-16
11:05										
11:10	G12									
11:15							G10			
11:20	G14									
11:25								J13		
11:30	J14									
11:35										
11:40	J10									
11:45						G17				J17-KS
11:50									G16	
11:55	J11			G15						
12:00					J10		G11			
12:05										
12:10	J13							J14		
12:15						J16				
12:20										
12:25										
12:30		60mhk								
12:35		613	76,2/7,5				G12			
12:40		J13	76,2/7,5							
12:45					J11					
12:50		J14	76,2/7,5							
12:55								G13-14	G15	
13:00				G10						
13:05		80mhk								
13:10		J15-16	76,2/8,0							
13:15										
13:20		G14	84/8,0							
13:25		100mhk				J15				
13:30		J17	76,2/8,5							
13:35					G11-12					
13:40		J18-KS	84/8,5						J13	
13:45		G15	84/8,5					MS		
13:50										
13:55		G16	91,4/8,5	G14						
14:00		110mhk								
14:05		G17	91,4/9,14							
14:10										
14:15		G18/19	100/9,14							
14:20		MS	106,9/9,14							
14:25	400m									
14:30	J15								J14	
14:35	J16-19									
14:40	KS				G13					
14:45										
14:50	G15			MS						

Tidsskjema for søndag 25. juni 2023:

Kl.:	Løp	Høyde	Leng 1	Leng 2	Kule	Spyd	Diskos
	600m						
11:00	J10	J14	G16		G17-MS	J16-KS	G14
11:05	G10						
11:10	G11						
11:15	G13			J10			
11:20	G13						
11:25	J11-12						
11:30	J13						
11:35	800m						
11:40	J14						
11:45	J15-16		G14			J15	G13
11:50	J18-KS						
11:55							
12:00	G15	MS		J11	G15-16		
12:05							
12:10	G16						
12:15							G17-MS
12:20	100m For					G13-14	
12:25	J13						
12:30							
12:35	J14		G15				
12:45							
12:50	J15	J13					
12:55							
13:00	J16				G12		
13:05							
13:10	J17						
13:15			J14				
13:20	G14				J15-16		
13:25							
13:30	G15						
13:35				J13			
13:40							
13:45	G16						
13:50							
13:55							
14:00	G17						
14:05							
14:10	800m		J12				
14:15	G17-19						
14:20	G14			G13			
14:25	MS						
14:30							
14:35	100m For						
14:40	G18/19						
14:45							

14:50	KS						
14:55							
15:00	J18/19						
15:05							
15:10	MS						
15:15							
15:20							
15:25							
15:30							
15:35	100m FIN						
15:40	J13						
15:45	J14						
15:50	J15						
15:55	G13						
16:00	G14						
16:05	G15						
16:10	J16						
16:15	J17						
16:20	J18/19						
16:25	G16						
16:30	G17						
16:35	G18/19						
16:40	KS B-fin						
16:45	MS B-fin						
16:50	KS A-fin						
16:55	MS A-fin						